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# Protect, Backup And Clean Your PC For Seniors: Stay Safe When Using The Internet And Email And Keep Your PC In Good Condition! (Computer Books For Seniors Series)



## **Synopsis**

It is very important to safeguard your computer and protect your privacy while surfing the Internet. What can you do to prevent cybercriminals from getting hold of your personal data? How do you safely use the Internet without contracting viruses on your computer? How do you make sure it is safe to shop online or do your Internet banking? In this book we explain how to protect your computer from viruses and spyware. We also discuss some of the measures you can take when browsing the Internet or sending and receiving email. It is also very important that you create regular backups of your computer. A backup copy will protect you from losing your valuable personal files and photos in case your computer crashes. The last topic in this step-by-step book is maintenance. We will show you how you can clean up your computer by deleting unneeded programs and files, and checking your hard disk for errors. This helps to make your computer function faster and also more efficiently. In short, this comprehensive title is indispensable for any computer user that values good security measures, privacy, and a well-functioning computer! Learn how to:

Protect your computer from viruses and spyware  
Prevent spam  
Manage the privacy and security settings  
Shop safely online  
Use online banking and take security measures  
Use Facebook and Twitter safely  
Create backups  
Defrag and optimize the hard drive

Suitable for: Windows 8.1 and Windows 7

## **Book Information**

Series: Computer Books for Seniors series

Paperback: 216 pages

Publisher: Visual Steps Publishing (December 18, 2014)

Language: English

ISBN-10: 9059054008

ISBN-13: 978-9059054004

Product Dimensions: 7.8 x 0.5 x 10 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars Â See all reviews Â (3 customer reviews)

Best Sellers Rank: #1,310,761 in Books (See Top 100 in Books) #196 in Â Books > Computers & Technology > Security & Encryption > Viruses #742 in Â Books > Computers & Technology > Security & Encryption > Privacy & Online Safety #3946 in Â Books > Computers & Technology > Networking & Cloud Computing > Internet, Groupware, & Telecommunications

## **Customer Reviews**

Excellent well written manual with quality illustrations and text.

This is such a helpful book, I read it from cover to cover first and now will use it to Backup my PC

Not very useful.

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